Men's health
State-of-the-art lecture 5

Monday 19 March
09:45 - 10:15

Location: Green Area, Room 12 (Level 1)
Chair: R. Pieters, Ghent (BE)

Aims and objectives of this session
On average, men have a shorter life expectancy than women. This is partly due to poor health education and a lack of preventive healthcare. There is also an issue of unhealthy behaviour and more dangerous behaviour. There is a sense of denial and indestructibility that seems to be more prevalent in men than women. Somehow it is not "manly" to be vulnerable and to ask for help.

But it is not always possible to just "work through the pain or illness." Men must protect themselves through knowledge, preventive healthcare and early diagnoses of disease. A few clinics offer support for men, but what if men do not use this support? What have we, as health professionals, missed out to offer man-centred care? This lecture aims to give a better understanding of men's needs and specific care.

09:45 - 09:50
Introduction
R. Pieters, Ghent (BE)

09:50 - 10:10
Men's health and diseases in the urology nursing care context
I. Banks, Spa (IE)

10:10 - 10:15
Questions and answers