Aims and objectives of this session
The Endoscopic Stone Treatment (EST) training curriculum has the goal to provide the clinician with proficiency skills in the treatment of urinary stones with endoscopic techniques. This protocol has been designed following a very strict process, in order to mitigate the risks of complications related to the learning curve process. Moving along the different tasks 336 Programme Book EAU Education and training steps, the participant will learn how to use the different instruments and technologies that can be functional to stone fragmentation and extraction.

The ESTs1 (Endoscopic Stone Treatment step 1) is the first step of this training and assessment curriculum. To aid in the training of these skills and to prepare for this ESTs1 exam, the exercises to be performed can be found in the instructional videos at uroweb.org.