Supporting sexual wellbeing for people living with and after prostate cancer - research in action
State-of-the-art Lecture 2

Location: Green Room 17
Chair: J.T. Marley, Newtownabbey (GB)

Aims and objectives of this session
The psychosexual care and support that men and their partners receive is limited and men are often reluctant to discuss sexual issues. Among the reasons for this is the fear of embarrassment by both men and Healthcare Professionals (HPs), lack of knowledge and skills of HPs to broach the topic and offer appropriate responses to patients’ psychosexual problems. Patients are often left in the dark about the possible psychosexual consequences of the different forms of treatment and do not know how, and where, to seek information and support. This session aims to outline a research-based approach to tackle this portfolio of intimate issues.

The session will:
• Present a programme of work that attempts to ensure that men (and partners) have access to a ‘minimal service’ of psychosexual care following diagnosis of PCa.
• Detail three resources exploring the flexibility to address person-centred needs, including sexual orientation and cultural diversity.
• Explore the resources available to support HPs to overcome challenges and to provide men with the necessary information and strategies to empower them to deal with their psychosexual issues.

09:45 - 09:50
Introduction: Setting the scene
J.T. Marley, Newtownabbey (GB)

09:50 - 10:10
Maximising sexual wellbeing after prostate cancer: Developing and testing resources to support men and partners
J.T. Marley, Newtownabbey (GB)

10:10 - 10:15
Questions and answers