**Let's reduce the harm of surgery!**  
Thematic Session 13

**Location:** Green Area, Room 3  
**Chairs:** F.C. Burkhard, Bern (CH)  
J.W. Collins, Stockholm (SE)

**Aims and objectives of this session**
Enhanced recovery after surgery (ERAS) protocols aim to improve the outcome of the patients by optimizing patient management from diagnosis through to full recovery. The patient undergoing a surgical procedure following the concept of ERAS should have fewer side-effects from the surgery, a lower risk of complications, resulting in a faster, safer and more comfortable recovery with a shorter stay in the hospital and an earlier return to normal activity. In this session we consider how we can optimize the patient pre-operatively with ‘prehabilitation’, then standardize and optimize surgical and anaesthetic management and enhance recovery post-operatively.

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<th>Time</th>
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| 10:30 - 10:45 | **The principles and the rationale of enhanced recovery 'around' surgery (ERAS)**  
J.W.F. Catto, Sheffield (GB) |
| 10:45 - 10:50 | **Case presentation** The ERAS patient case  
To be confirmed |
| 10:50 - 11:00 | **The evaluation by the geriatrician**  
S. O'Hanlon, Dublin (IE) |
| 11:00 - 11:10 | **The need for prehabilitation**  
N. Fleshner, Toronto (CA) |
| 11:10 - 11:20 | **What needs to be done by the urologist?**  
J.W. Collins, Stockholm (SE) |
| 11:20 - 11:30 | **The role of the nursing staff/patient manager**  
B. Thoft Jensen, Aarhus (DK) |
| 11:30 - 11:40 | **What would be the US approach?**  
C. Porter, Seattle (US) |
| 11:40 - 12:00 | **Discussion** Who is the target patient?  
**Panel:**  
N. Fleshner, Toronto (CA)  
B. Thoft Jensen, Aarhus (DK)  
S. O'Hanlon, Dublin (IE)  
C. Porter, Seattle (US) |